



Getting to Know Friends and Heroes Bible Curriculum

Quick Facts:

- Bible stories: The curriculum provides a balance between Old Testament and New Testament stories. For details, see the “Learning Objectives” under “Learn More about Friends and Heroes Curriculum.”
- Each episode uses approximately one-half of a video episode (12-14 minutes on average).
- Length of entire lesson: Easily adaptable to a class time of 45-60 minutes.
- Designed for ages 5 to 12 years.

Each Lesson Includes:

- **Introductory page** - (Teachers' resource) Lists the objective(s) for the lesson, a summary of the Friends and Heroes adventure and Bible story, preparation tips, and resources needed for any crafts and/or activities included in the lesson.
- **Starting Off** - Children watch the video segment (12-14 minutes) and are introduced to the theme of the lesson. This usually includes a fun craft, game or activity which reinforces the lesson's theme.
- **In Deeper** - Kids learn more about the meaning and application of the theme of the lesson. Often includes discussion questions and sometimes another activity to keep the children engaged with the theme of the story.
- **Prayer Time** - An active segment built around a craft or activity which is designed to lead the children into thinking about prayer in relation to the theme of the lesson.
- **Printable Resources** - (Teachers' resource) Included for nearly all lessons as needed. They are very helpful and well-designed resources – especially for those who may have limited arts and crafts skills!
- **Extra, Extra!** - Fun activities that children can take home with them to reinforce what they have learned. This often takes the form of a puzzle or quiz.

Other Available Resources:

- DVD Extras - Still images gallery, music videos, quizzes for each episode (available in full Church and School Pack)
- Children's website (www.friendsandheroes.tv) – Resources like quizzes, puzzles and coloring sheets.

Before You Begin

1. Read the week's lesson. More importantly, take time to pray and invite the Holy Spirit to work through you and the materials you use.
 2. Watch the video episode used in the week's lesson.
 3. Prepare the materials required for the lesson. (See Introductory Page.) Insure that supplies for crafts and activities are available. Print “Printable Resources” and “Extra, extra!” as needed.
- *From there, the curriculum is quite simple and straightforward. We're sure that you and the children in your ministry are going to love it!*